

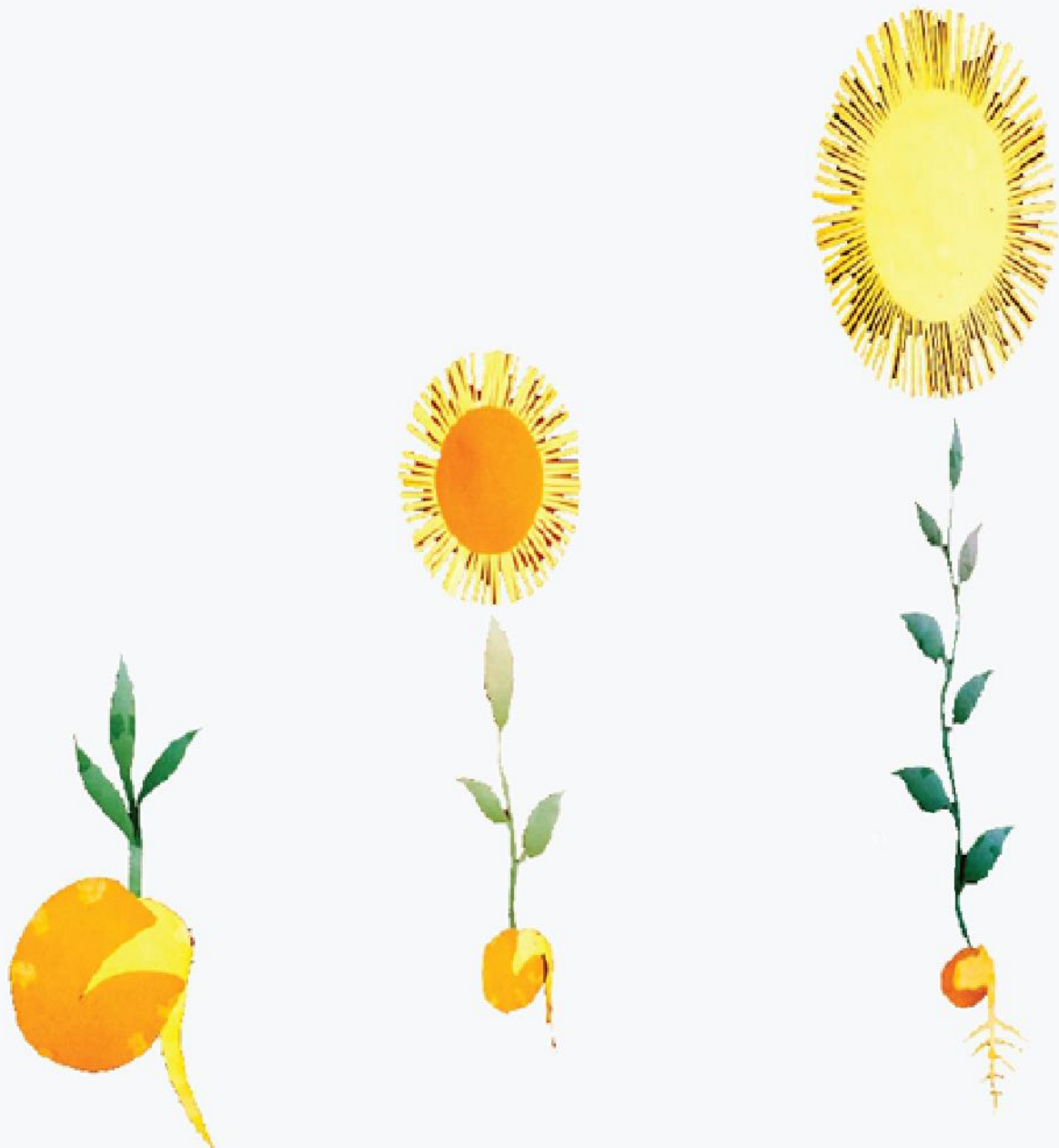
JOYFUL PRESCHOOLING

A Guide to Parents

**VIJAYA
SCHOOL**

Hassan

THE CONCEPT OF PRESCHOOL



A place where **Fun** and **Frolic**
translate into **Sound learning**

JUST PLAYING

A POEM BY ANITA WADLEY FOR PARENTS OF PRESCHOOLERS

*When I am building in the block room,
Please don't say I'm "Just Playing".
For, you see, I'm learning as I play,
About balance and shapes.*

Who knows, I may be an architect someday.

*When I am getting all dressed up,
Setting the table, caring for the babies,
Don't get the idea I'm "Just Playing".*

*For, you see, I'm learning as I play.
I'm expressing myself and being creative.
I may be an artist or an inventor someday.*

*When you see me sitting in a chair
"Reading" to an imaginary audience,
Please don't laugh and think I'm "Just Playing".*

*For, you see, I'm learning as I play.
I may be a teacher someday.*

*When you see me combing the bushes for bugs,
Or packing my pockets with choice things I find,
Don't pass it off as "Just Play".*

*For, you see, I'm learning as I play.
I may be a scientist someday.*

When you see me engrossed in a puzzle or some

“Play thing” at my school,

Please don't feel that time is wasted in “Play.”

For, you see, I'm learning as I play.

I'm learning to solve problems and concentrate.

I may be in business some day.

When you see me cooking or tasting foods,

Please don't think that because I enjoy it, it is “Just Play.”

For, you see, I'm learning as I play.

I'm learning to follow directions and see differences.

I may be a chef someday.

When you see me learning to skip, hop, run, and move my body,

Please don't say I'm “Just Playing.”

For, you see, I'm learning as I play.

I'm learning how my body works.

I may be a doctor, nurse, or an athlete someday.

When you ask me what I've done at school today,

And I say, I “Just played.”

Please don't misunderstand me.

For, you see, I'm learning as I play.

I'm learning to enjoy and be successful at my work,

I'm preparing for tomorrow.

Today, I am a child and my work is play.

- Anita Wadley

The Kindergarten or Preschool is an extension of home. It's a place where children learn in fun and freedom under the motherly care of well-trained preschool faculty.

Learning is meaningful and experiential through play and activities. The objectives of our preschool section are:

- To develop excellent English language skills through a revolutionary and novel Phonic method.
- To enhance vocabulary through stories, rhymes and songs.
- To get children to speak fluently in English via immersion and well-planned spoken English activities.
- To develop enhanced numeracy skills through hands on math activities.
- To develop observation skills through sense of perceptions.
- To develop creative thinking and reasoning skills
- To develop environmental awareness through field trips.
- To inculcate habits of neatness and good manners.
- To train for independence in simple activities such as buttoning and unbuttoning dress and putting on socks and shoes.
- To develop social skills of simple conversation, polite behaviour with elders and guests and consideration for others.
- To develop bodily skills of balancing, walking, running, jumping, hopping, skipping through proper activities.

Research has revealed that 85% of learning is through the eyes, 11% is through ears and the remaining 4% is through the other sense perceptions. For a child, the sense organs are the gateways to experience and learn about the world. Our curriculum is rich in sensory experiences where the young learner can touch, see, taste, hear and smell.

PRESCHOOL - AREAS OF FOCUS

- **LANGUAGE DEVELOPMENT**
- **NUMERACY SKILLS**
- **HANDS ON SCIENCE ACTIVITIES**
- **LIFE SKILLS: SOCIAL SKILLS, VALUES, GOOD HABITS**
- **DEVELOPMENT OF GROSS MOTOR SKILLS**
- **DEVELOPMENT OF FINE MOTOR SKILLS**

LANGUAGE DEVELOPMENT

Introducing CFTE'S Phonic Method for development of Sound English Language Skills

PHONIC KITS WITH CDs

CFTE's unique Phonic method will teach children the key skills of letter sound recognition, word building and sentence reading. This method focuses on the holistic language development such as sounds, word formation, reading, spelling and writing skills are interwoven to make the language learning complete, meaningful and fun. Children pick up the required language skills much faster with the introduction of the latest phonic techniques.

It lays the foundation for the development of reading skills very sound reading skills which the learner will require later on to excel in all areas of academics. Research has shown that one of the major reasons for students performing poorly in academics is weak reading skills. This novel Phonic Method teaches students to decode rather than memorize. Learners become very powerful readers and this in turn helps them do well in all areas of academics later on.

The books are supported with relevant CDs and DVDs to help parents. This will enable parents to sustain the learning that happens in the school and in the long run to enhance their child's learning curve.

○ **STORY BOOKS WITH DVDs**

There are delightful story books for three levels that come with three relevant DVDs or e-books. These e-books mirror the textbook stories and are followed by vocabulary practice where the key words of the stories are syllabified and read aloud for the child to repeat. The spinoff is amazing as children pick up a whole range of new and colourful vocabulary by the time they step into grade 1.

○ **RHYMES BOOKS WITH CDs**

The song and rhymes programme comprises carefully selected songs and rhymes along with an accompanying CD.

○ **IMPORTANCE OF PLAYING THE CDs AND DVDs AT HOME**

Parents are advised to play the phonic and rhyme CDs and the story DVDs at home for the child. School teaching will be supported at home and this will enhance the child's learning.

○ **IMPORTANCE OF READING AT HOME**

A rich language environment at home and at school is essential for the development of a child's intelligence.

Affectionate and responsive parents play a vital role in shaping the mind of the child. It is important that parents spend some time reading books with the child.

Every home must have a set of good books for the child. Books are as important as good food. They develop the child into a powerful reader and this will be an advantage in the learner's educational career.



○ TAKE HOME A BOOK' PROGRAMME

We have an enhanced reading programme that encourages children to read out of the curriculum story books independently. **'Take-home-a book'** exposes children to the amazing world of storybooks and allows them to carry one storybook home over the weekend and return it the following week. Parents should read these books to the child and also encourage the child to read.



NUMERACY SKILLS



Hands on numeracy skills are developed via a meticulously designed math programme. The play way method instills a love of math in the preschooler while laying the foundation for a thorough understanding of the basic concepts necessary for grade 1. Encourage your child to count things at home. Point out and name different colours and shapes. Introduce the concept of money and teach your child to handle money sensibly.

HANDS ON SCIENCE ACTIVITIES



Our hands on science programme teaches children the key skill of observation of natural phenomena through simple and enjoyable activities. Thinking skills are nurtured through comparing, classifying, observing cause and effect, identifying and generalizing.

At home, encourage your child to observe the shape, size, smell and taste of vegetables and fruits. Let your child sort seeds and examine seeds in fruits and vegetables. Have conversations with your child about everyday phenomenon – rain, sunshine, plants, animals, sounds, smoke, moon etc.

LIFE SKILLS:

SOCIAL SKILLS, VALUES, GOOD HABITS

Development of social skills, values and emotional skills is an important part of the preschool curriculum. Games, activities and stories are used to nurture these skills. A special activity room exposes children to simulated real life experiences. Peer interaction, circle time activities and fun filled games all of these teach core social skills of cooperation, respect, empathy, trust, acceptance and friendship. The concept of Circle Time provides a platform for the learner to enhance communication skills, to express emotions and share experiences.

KNOWING THE ENVIRONMENT

The child is full of curiosity. There is a desire to know and master the environment. For the child, the entire world is a classroom. It must have direct experiences to know the environment. There is no limit to learning if it is through direct experiences.

A child instinctively gets interested in observing a passing butterfly, a crow, a sparrow, a squirrel, or a dog. Help the child name the animal. Help the child to observe its shape, colour, size and behaviour. Guide the child to observe different kinds of plants, leaves and flowers.

Good outings for the child are as important as good books. Take the child with you when you go to places such as a post office, bus stand, railway station or a bank. Explain to the child why you go there and what you do. Take the child with you when you go to buy vegetables, fruits or flowers. Let the child take part in the shopping activities. Each such experience helps the child learn many aspects of social life.

Help the child observe weather, the sky, the moon, and the stars as often as possible. Take the child to good exhibitions, museums and parks. Guide the child to develop hobbies such as caring for pets, sowing seeds and collecting seeds etc.

ELDERS AS ROLE MODELS

Children learn good behaviour , observing and imitating the behaviour of:

- ❖ their parents and other elders at home.
- ❖ their close friends.
- ❖ neighbours
- ❖ teachers at school.
- ❖ important persons in the society.
- ❖ characters in stories and dramas.

All these are the 'role models' for the child. Behaviour is shaped by the examples observed by the child at home, at school and in the society. Influences in early childhood are very important. Always appreciate your child for good behaviour. This 'positive stroking' will give rise to more good behaviour. Success builds on success.

TEACHING HEALTHY HABITS



Habits of cleanliness, orderliness, neatness and punctuality are essential for a good life. These habits should be inculcated from the earliest stage of childhood. Discipline is a caring process.

Please train the child to:

1. Pray to God in the morning and evening.
2. Say 'Thank you', 'please', 'sorry' etc in the appropriate social situations.
3. Observe rules of the road.
4. Have a time table for the daily activities.
5. Be on time for all activities.
6. Wipe shoes or feet on the foot rug while entering the house.
7. Be neat in dress and appearance.
8. Keep things such as toys and books in their proper places after using them.
9. Have food and rest at regular times.
10. Brush teeth.
11. Use a handkerchief properly.
12. Use the toilet properly.

DEVELOPMENT OF GROSS MOTOR SKILLS

FREE PLAY



Vijaya preschool has ample play area equipped with safe manipulatives and An assortment of toys is another key feature of the kindergarten section. Children learn through their play. They develop math and problem solving in a mock grocery store. Their physical abilities develop when running, jumping, climbing, crawling, sliding, skipping, etc. They learn new vocabulary and conversational skills needed for sharing, cooperating and playing together. Social skills develop when they play with other children. Hence, a daily dose of free play is an indispensable part of the curriculum.

Don't just watch your child play. Engage yourself in play with your child at home. Take your children out to parks and gardens to connect them with nature. Encourage your child to enjoy sport activities.

DEVELOPMENT OF FINE MOTOR SKILLS CRAFT AND ART ACTIVITIES



Creative craft and art activities enable children to develop their creative skills while having a lot of fun with colours, paint, and other craft materials. Help your child complete the craft activities sent as homework but do not do it yourselves for your child. Plan simple art and craft activities that you can do with your child-pottery, vegetable printing, cotton bud painting, etc.

DANCE AND CLASSICAL MUSIC



Classical music enhances healthy brain development. Let your child listen to the finest classical music pieces from around the globe for a few minutes every day. Rhythmic fun dance movements improve gross motor skills and bodily kinesthetic abilities. At home, play soft classical music for your child to listen to.

DEVELOPING THINKING SKILLS AT HOME

Guide the child to think by:

1. **COMPARING** qualities such as shape, size and colour of objects such as pencils, pens, vegetables and fruits. (Big, small, long, short)
2. **CLASSIFYING** objects on the basis of colour, size, shape, material, or usefulness.
Example: Plastic things, wooden things
3. **SEEING CAUSE AND EFFECT**
Example :- Sugar makes coffee sweet, sharp objects such as a knife cuts things, plants dry up without water, heavy objects sink in water, blowing air into a balloon makes it big.
4. **IDENTIFYING** : living things such as plants and animals and non- living such as chair, spoon, etc.
5. **REASONING** : matching knife with fork, shoe with sock, pencil with eraser.
6. **GENERALISING** : All cows eat grass and hay, all birds build nests, food needs salt to taste good etc.
7. **QUESTIONING** : What will happen if....'
What will happen if you do not brush your teeth ?

Please note :

1. School will function from
 - a. **8.45 a.m to 12.30 p.m for Prep 1**
 - b. **8.45 a.m to 1.30 p.m for Prep 2 & Prep 3**
2. Parents are requested to leave their children in the care of the school staff.
3. Parents are also requested to inform the class teachers if there is a change in persons receiving the children without fail.
4. Parents must pin a clean handkerchief on the uniform and send the kids with the ID card.
5. Parents should send a water bottle and clean napkin. Water bottle, napkin and lunch bag should bear the name of the child.
6. Parents must clip the fingernails of their children regularly.
7. Children should not wear any jewellery.
8. Children should wear only sandals with socks (No shoes).

9. Please send spare clothes and inners in a clean bag.
10. In the beginning send a clean plastic cover for one month to send back the soiled clothes if the need arises.
11. Train your child to tell his/her full name, address and telephone number.
12. Train your child to reach the school and come back home from the school.
13. Please encourage your child's activities. Preserve your child's work. Show your delight by hanging his/her work on the wall for a few days.
14. Create a portfolio of your child artistically.
15. Please don't speak about your child's shortcomings to the class teacher in the presence of your child as this may lead to other problems.

Light refreshment - 11.00 a.m to 11.30 a.m

Parents are requested to follow the menu schedule below:

Monday : Fruit Salad or dry fruits

Tuesday : Vegetable Salad

Wednesday: Soaked groundnuts with jiggery and coconut

Thursday : Salad using sprouted green gram,
pomegranate, coconut and lemon

Friday : Salad using carrot and green gram dal

Saturday : Child's choice (Excluding fried items)

NOTE: If your child is allergic to any of the above food items please replace it with other healthy food items.

Please adhere to the above instructions for a healthy and joyful experience of your child.

We wish your child a happy stay at

VIJAYA



VIJAYA SCHOOL

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